



MOTIONORTHOPAEDICS

Luke S. Choi, MD
Board Certified
Shoulder, Elbow & Knee Surgeon

NAME: _____ DATE: _____

AGE: _____ HEIGHT: _____ WEIGHT: _____ HAND DOMINANCE: RIGHT / LEFT

OCCUPATION: _____

E-MAIL ADDRESS: _____

REFERRAL INFORMATION:

- Who referred you or how did you hear about Dr. Choi?

- Who is your primary care or family physician?

What body part is injured?

- Shoulder Knee Elbow Other: _____
- RIGHT side LEFT side Both sides; about equally

Date of Injury/Onset of Symptoms: _____

Please describe how your symptoms began?

- Traumatic Injury Sport Injury Work Injury Overuse Gradually Spontaneously

Work Related? If you answered yes, please fill out the back page. _____ Yes No

What is your pain level on a scale of 0-10 ? At rest: _____. With Activity: _____.

If 100% were normal, as of today what % would you give your body part that is hurting as a grade?

_____ %

Have you had this problem before? Yes No

What is the type of your pain?

- Sharp Dull Throbbing Shooting Burning Numbness/Tingling

What is the nature of the pain?

- Constant Frequent Occasional Intermittent

Does the pain wake you up from sleep? Yes No

Do you currently have any of the following?:

- | | |
|--|--|
| <input type="checkbox"/> Painful popping | <input type="checkbox"/> Sensation of catching (something getting caught/pinched between bones) |
| <input type="checkbox"/> Swelling | <input type="checkbox"/> Locking (unable to straighten the joint because something obstructs it) |
| <input type="checkbox"/> Grinding | <input type="checkbox"/> Give way (the bones slip out of place) |
| <input type="checkbox"/> Buckle | <input type="checkbox"/> Slip out of joint |
| <input type="checkbox"/> Gets stuck | <input type="checkbox"/> NORMAL, I've had none of the above |

What makes the pain worse?

What makes the pain better?

What treatments for this injury have you received in the past?

- | | | |
|---|---|---|
| <input type="checkbox"/> Rest/Activity Modification | <input type="checkbox"/> Anti-Inflammatories | <input type="checkbox"/> X-Rays (Where:_____) |
| <input type="checkbox"/> Immobilization (splint, sling) | <input type="checkbox"/> Pain Medications | <input type="checkbox"/> Ultrasound |
| <input type="checkbox"/> Braces/Orthotics | <input type="checkbox"/> Steroid/Cortisone Injections | <input type="checkbox"/> Electrical Stimulation |
| <input type="checkbox"/> Chiropractic | <input type="checkbox"/> Tylenol | <input type="checkbox"/> MRI/MR Arthrogram |
| <input type="checkbox"/> Massage Therapy | <input type="checkbox"/> Physical Therapy | <input type="checkbox"/> CT Scan |

If you had prior testing, what did it show?

What surgeries, if any, have you had for this problem? Please list date and surgeon.

PAST MEDICAL HISTORY (Please check the appropriate boxes):

- DIABETES STROKE STOMACH ULCERS

- OSTEOARTHRITIS
- RHEUMATOID ARTHRITIS
- HEART ATTACK
- HIGH BLOOD PRESSURE
- DEPRESSION
- BLEEDING DISORDER

- CURRENTLY PREGNANT
- FIBROMYALGIA
- LUNG DISEASE
- LIVER DISEASE
- RECURRENT INFECTIONS
- SEIZURES

- KIDNEY DISEASE
- GOUT
- CANCER
- ANEMIA
- HIV/AIDS

Please explain all yes answers and list any other medical problems?

What Surgeries have you had in the past (Please list date)?

What Medications are you currently taking?

Are you allergic to any medications or environmental allergens? No Yes

(If yes, please list all known below)

Do you smoke? No Yes (About _____ cigarettes per day)

How much alcohol do you drink? About _____ drinks per day

Do you participate in recreational hobbies or athletic activities? No Yes

(If yes, please describe below)

Signature of Patient or Parent of Minor

Date

WORK STATUS HISTORY:

- Have you lost time from work as a result of this new injury? Yes No
- If yes, please give dates: _____
- Have you gone back to work? Yes No
- If YES, status of work: MODIFIED REGULAR
- If modified, list restrictions you have been placed _____

FIRST DOCTOR/HOSPITAL/CLINIC:

- Did you receive medical evaluation a result of this accident? Yes No
- If yes, where? _____
- Doctor Name: _____ Date: _____
- Were you examined? Yes No
- Were X-Rays taken? Yes No
- What diagnosis did the Doctor give you? _____
- Were you given any treatment? Yes No
- If yes, what type? _____
- Date of last treatment: _____
- Did the Doctor refer you to another health professional? Yes No
- If yes, to whom? _____

PRIOR SIMILAR SYMPTOMS:

- Did you have any physical complaints just before the accident? Yes No
- If yes, please describe in detail: _____

- Have you ever had any prior injuries, accidents, diseases or treatment to the area of your body now affected? Yes No
- If yes, what part(s)? _____
- Date previously injured? _____ Were you treated? Yes No
- If yes, by whom? _____
- Date treatment began: _____ Date treatment ended: _____
- The last date you felt pain or problems from that previous injury? _____

Signature of Patient

Date